SQUABBLES

YOUR GAME PLAN FOR AGGRESSION

TRAINING GUIDE

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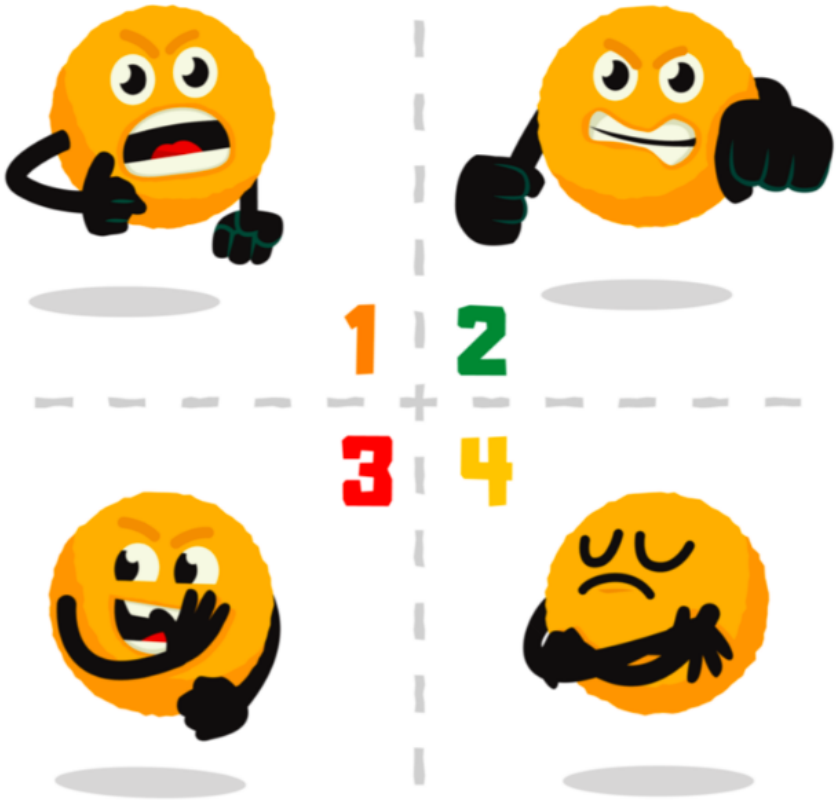
What Happened?

Meanness Matrix



Notes

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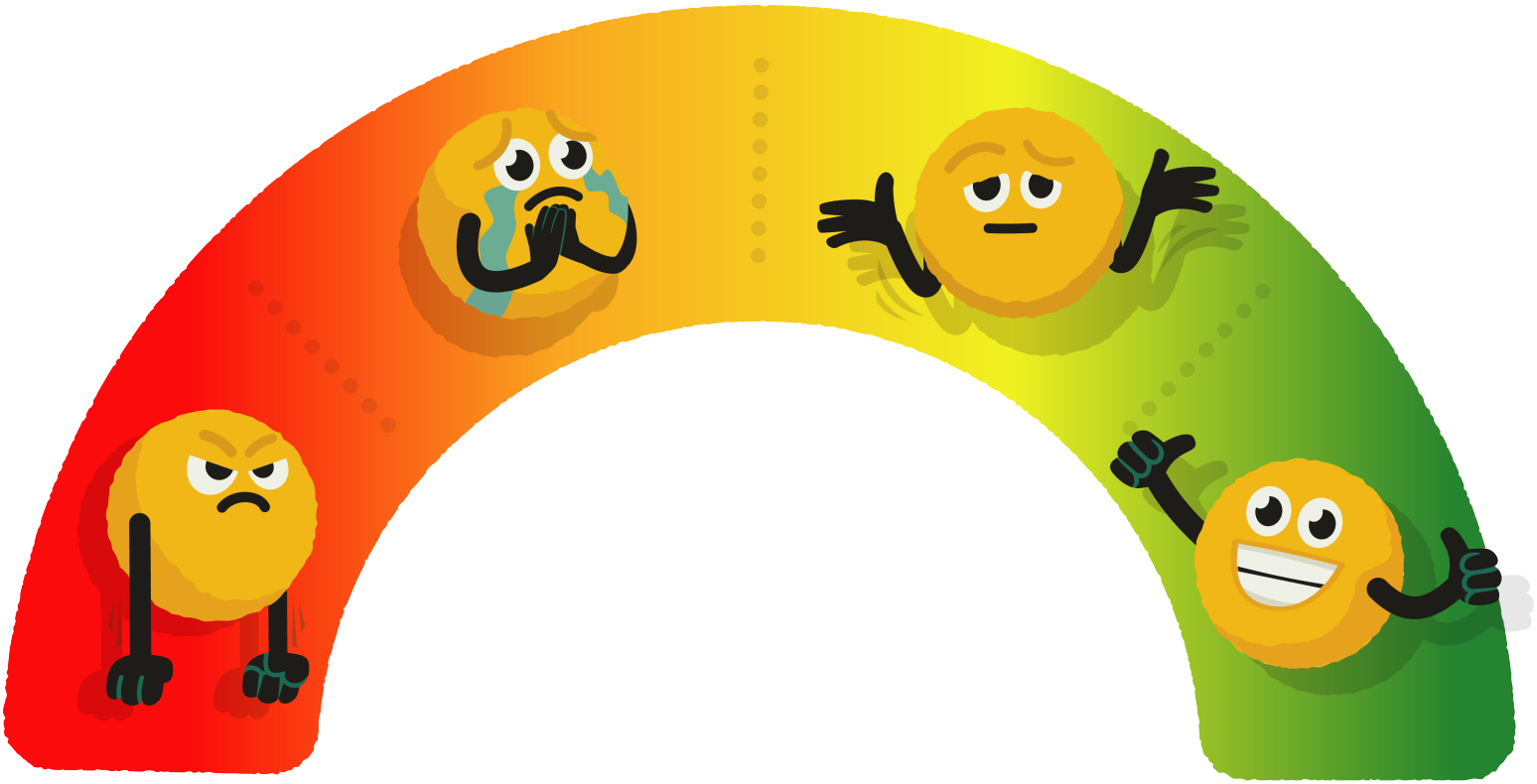
How Do You Feel?

Emoji Meter



Notes

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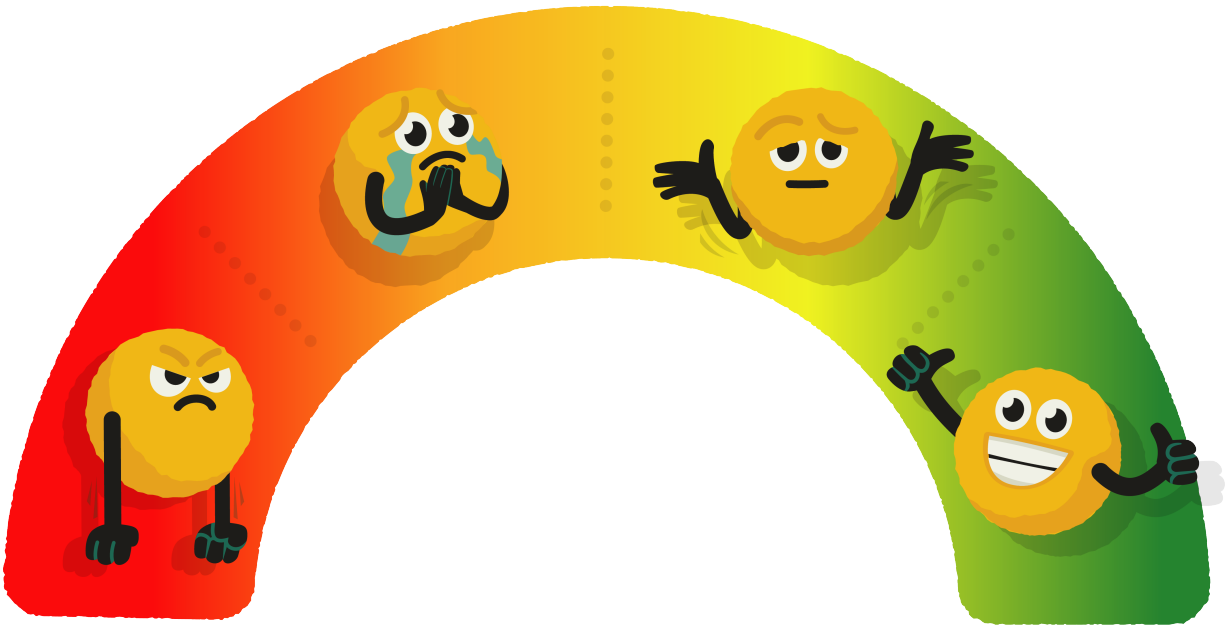
How Do You Feel?

Emoji Meter: Questions



To help a student move from MAD to SAD, ask them:

To help a student move from SAD to MEH, ask them:

To help a student move from MEH to GLAD, ask them:

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Why Do You Think They're Being Mean?

Triple Threat Trifecta

Notes

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How Will You Respond?

Triple Threat Trifecta

A simple response to BOTHERING is _____.

Don't get upset and _____.

A simple response to JOKING is _____.

Don't get upset and _____.

A simple response to HURTING is _____.

Don't get upset and _____.

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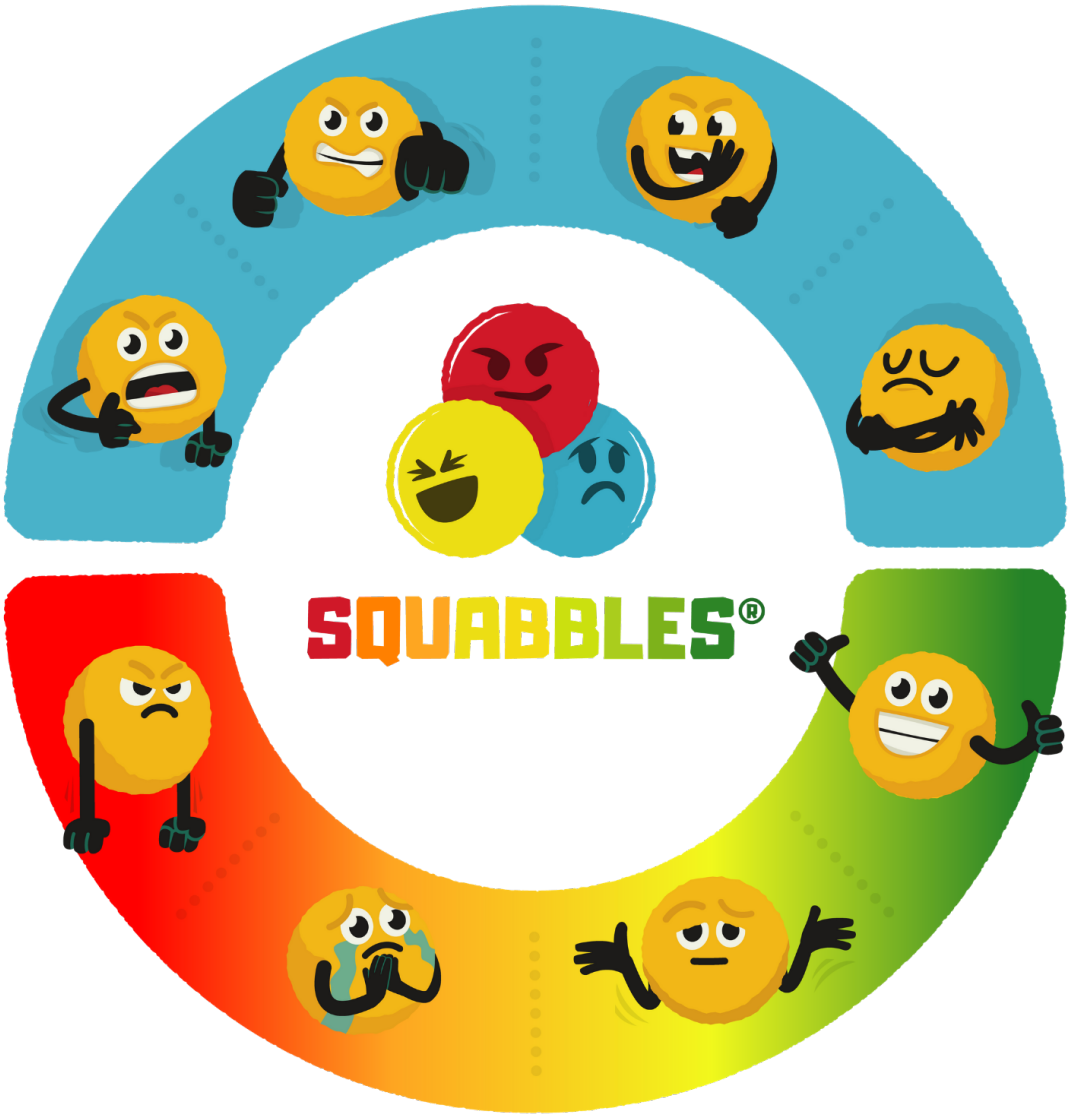
System Overview



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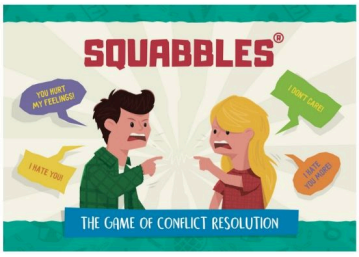

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Certificate of Completion

The bearer of this certificate has successfully completed
60 minutes of training as part of the following course.

Please award Continuing Education Units upon receipt of
this certificate along with the attached completed notes.

SQUABBLES® Conflict Resolution System
Online Training

Jeff Veley, Director of Certification
SQUABBLES® Studios, LLC